

A PROFESSIONAL DANGER.

To the Editor of "The Nursing Record."

DEAR MADAM,—Please accept my thanks for your notice, in the NURSING RECORD, drawing my attention to the mis-statement, in "Burdett's Nursing Directory," respecting my training.

I hope to get some explanation of the statement from the Editor and a correction in future copies of that manual.

I am, dear Madam,

Yours truly,

SARAH HUNT.

5, Bentinck Street, Cavendish Square, W.,
January 5th, 1898.

Comments and Replies.

Sister M., London.—We have written to the Countess of Warwick, on the subject, and feel sure she will use her influence to prevent a repetition of the distressing spectacle. The whole case is extremely sad.

Miss G. Allen, Edinburgh.—The regulations as to sick leave are much more arbitrary in the Government Services than in our general hospitals. The grades in the Army Nursing Service are: (1) Lady Superintendent, who resides at the Royal Military Hospital, Netley; (2) Senior nursing sisters, acting as superintendents; and, (3) Nursing sisters. Write to the Adjutant-General of the Forces, War Office, Pall Mall, S.W. Many reforms are needed in the organization of nursing sick soldiers, especially in relation to the training of the orderlies.

Nurse B., Birmingham.—We should advise you to refer the matter to your Matron.

M. T., London.—A nutrient enema should always be given at the temperature of the body, otherwise it is quite obvious that it will act as an irritant, and is unlikely to be retained. For the same reason four ounces is the largest amount which should be administered at one time. It is usual to peptonise nutrient enemata, and the wisdom of this step is obvious, as under ordinary circumstances digestion has taken place before the contents of the intestines reach the lower bowel. When nutrient enemata are given regularly, a plain warm water enema should be administered from time to time.

Nurse B., Tenby.—You would be wise to attend some practical lectures on sick-room cookery. It is often of great importance in middle-class houses, that a nurse should know how to prepare dainty dishes for her patient, and so, undoubtedly, materially aid him in making a speedy and successful recovery. There are several books on sick room cookery now published which might be useful to you.

Miss E. M., Edinburgh.—We do not think that you are justified in taking any action under the circumstances you mention.

Probationer, Cork.—Beef tea is best prepared in small quantities in the wards. Good gravy beef should be used, and this should be cut up into small dice, all the fat being carefully removed. Cold water is then added, in the proportion of a pint of water to a pound of beef, as well as a little salt. After this has stood for about half an hour, to extract the juices of the meat, it should be placed in a closed china vessel in a saucepan of boiling water, and simmered slowly for not less than eight hours. A strong nourishing, appetising beef tea will be the result.

Miss B., Whitehaven.—If you refer to last week's NURSING RECORD you will see that the "Professional Nurses' Diary" may be obtained from Messrs. Burroughs, Wellcome & Co., Snow Hill Buildings, E.C.

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